

The Meaning of Life

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People always say that life is precious and we should treasure it. I agree with them. What should we do to make our life more meaningful? After watching a play called 'Tuesdays with Morrie', I can find the answer to this question.

On the School Culture Day, I went to North District Town Hall to watch a play with my classmates. The play is called 'Tuesdays with Morrie'. It's touching and I have learned many things. The story is about Morrie Schwartz and his relationship with his student, Mitch Albom. It shows the lessons about life that Mitch learns from his professor. Morrie is dying from ALS, a fatal neuromuscular disease. However, he never gives up but tries his best to live.

Each of Morrie's lessons contributes a message to us. I learned that everyone should accept death and ageing, because both of them are inevitable. The most important matter is to spend time doing meaningful things. We should forgive others as sincerely as we can. Also, to love all the people around us is indispensable because they are the greatest support to us. If we don't have the support and love from our family, we don't have much at all.

Nowadays, many teenagers do not treasure their lives. When they have problems, they are reluctant to face and solve them, and the problems become more serious. In the end, they suffer great pressure and some of them may even commit suicide. Nevertheless, is committing suicide a good way to solve problems?

I think there are many ways to solve problems. Teenagers can share their problems with their families and friends who are always ready to give them a hand and encouragement. Also, they should be optimistic and keep faith in life.

We only live once. Life is so precious and we should treasure it. Some people with incurable diseases want to live longer but they can't. How lucky we are to survive and experience the ups and downs in life every day. Now, I know what I have missed and what I must change in my life. I hope teenagers can live happily and be brave when solving all their problems.